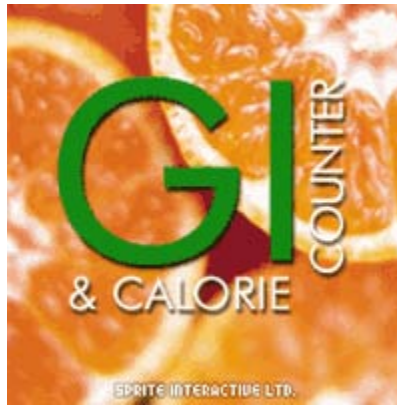


# Diabetes Telehealth Brown-Bag Lunch Series



**3<sup>rd</sup> Wednesday  
of each Month**

**12 – 1:00 p.m.  
(MST)**

## **Wednesday, April 18, 2007 Glycemic Index and Diabetes Management Joan Clark, MS, RD, CDE**

Joan Clark, MS, RD, CDE is a clinical nutritionist at the University of Utah Hospitals and Clinics. Joan has been a registered dietitian for 25 years and is proficient in many capacities, including medical nutrition therapy, weight management, sports nutrition, herbal-diet nutrition, and dialysis nutrition. For this program, Joan will discuss the Glycemic Index and its application to diabetes management and ultimate glycemic control.

**- CEUs offered for nurses (1.5 hours) and dietitians (1 hour) for all Diabetes Telehealth Programs -**

### **Upcoming Presentations:**

May 16 – Stroke and Diabetes  
June 20 – Chronic Kidney Disease  
July 18 – Coaching for Change: Motivating PWDs

*Please use registration form sent by email or online <http://www.health.utah.gov/diabetes/apps/threg.php>*  
*(Register by April 16<sup>th</sup> for this program)*

Utah Diabetes Prevention & Control Program  
Utah Department of Health  
P.O. Box 142107  
Salt Lake City UT 84114-2107

List of Utah Telehealth Sites:  
<http://www.utahtelehealth.net/utn.pdf>

Betsi Patiño  
Phone: 801-538-6593  
Fax: 801-538-9495  
E-mail: [bpatino@utah.gov](mailto:bpatino@utah.gov)

Contact Betsi Patiño to schedule  
Telehealth video or telephone links

**\*\*For technical assistance on the day of the conference,  
call Pat Bryner 801-585-2426\*\***

**<http://www.health.utah.gov/diabetes/telehealth/telehealth.htm>**